

International Workshop

“Food, health, and factors promoting longevity”

Save
the
date

March 5th-6th, 2020

Novara – Italy Campus Perrone, Via Perrone 18

“Food, health, and factors promoting longevity”

Thursday, March 5

Session 1

From the cell to the clinic

Session 2

Nutrition and microbiota

Friday, March 6

Session 3

Biological predictors of health and longevity

Session 4

What we learned from cohorts and what we could still learn

Session 5

Promoting health interventions

Confirmed Invited Speakers

Hazel Szeto (New York, USA)

Joel C. Glover (Oslo, Norway)

Francesco Neri (Jena, Germany)

Mario Ost (Berlin, Germany)

Laure Bindels (Louvain, Belgium)

Paolo Garagnani, University of Bologna

Paolo Vineis (London, UK)

Carlotta Sacerdote (Turin, Italy)

Salvatore Panico (Naples, Italy)

Antonio Nardone, (Pavia, Italy)

Francesca Riuzzi (Perugia, Italy)

Marco Giorgio (Milan, Italy)

Scientific Committee

Sandra D'Alfonso, Nicoletta Filigheddu, Fabrizio Faggiano, Daniela Capello, Letizia Mazzini, Marco Invernizzi, Marco Corazzari, Flavia Prodam, Annalisa Chiocchetti, Gianluca Aimaretti, Umberto Dianzani

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Aims of the Workshop and Scientific Information

The international workshop “Food, health, and factors promoting longevity” aims to answer, with the help of international experts, a few relevant questions about aging, such as:

- 1) Why do we age and why do we age in unhealthy conditions?
- 2) What is the role of food and nutrition in health, in aging processes and in pathological conditions?
- 3) Is it possible to reduce the burden of diseases and disabilities during aging?

The topics will be discussed as part of the activities of two projects funded by the Italian Ministry of Education, University and Research (MIUR) and run by the Departments of Translational Medicine and Health Sciences of the Università del Piemonte Orientale (UPO):

- Aging project: diseases and disabilities during aging, treatment and care pathways (Department of Translational Medicine)
- Project “FOHN”: Food for Health: an Integrated Approach (Department of Health Sciences)

Registration

The participation is free, registration is required.

Abstract session

Researchers are invited to send an Abstract according to the information to:

fhl2020@uniupo.it

Oral presentations will be selected from the Abstracts.

Information

fhl2020@uniupo.it

www.foodhealthlongevity.eu